

Local Greens

local farms, local food, local people



UK Seasonal Vegetable Calendar

	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
ARTICHOKE - GLOBE												
ASPARAGUS												
AUBERGINE												
BEETROOT												
BROAD BEAN												
BROCCOLI												
BRUSSELS SPROUT												
BUTTERNUT SQUASH												
CABBAGE												
CABBAGE - RED												
CARROT												
CAULIFLOWER												
CELERIAC												
CELERY												
CHARD												
CHILLI												
COURGETTE												
CUCUMBER												
FENNEL												
FRENCH BEAN												
GARLIC												
JERUSALEM ARTICHOKE												
KALE												
KOHLRABI												
LEEK												
LETTUCE												
MUSHROOM												
ONION												
PAK CHOI												
PARSNIP												
PEAS												
PEPPER												
POTATO - MAINCROP												
POTATO - NEW												
PURPLE BROCCOLI SPROUT												
RUNNER BEAN												
SALAD												
SHALLOT												
SPINACH												
SPRING GREENS												
SPRING ONION												
SQUASH												
SWEDE												
SWEET CORN												
TOMATO												
TURNIPI												

Designed by Lucie Gartland

We sell locally grown, planet-friendly food. We are a Better Food Trader.

